

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frans Meintjes

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #5

held at Cowhouse Market.

TIME 03:02:03

PACE 9.56km/h **OVERALL** 29 of 35

GENDER 23 of 26 **SUB VETERAN** 6 of 8





